

# Ellen Bassett

Certified Massage Therapist

Chinese Medicine  
Acupressure  
Massage  
Yoga

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## Professional Profile

### Chinese Medicine Practitioner (Student)

- ▼ I am currently studying for my Master's in Chinese Medicine.
- ▼ Courses include anatomy, physiology, herbology, acupuncture theory and technique, and eastern and western nutrition.

### Massage Therapist

- ▼ I deepen the effect of my massages through my knowledge of Chinese medicine, 5 elements, acupuncture, meridian systems, and energy flow.
- ▼ 2 years' experience in table, chair, and Thai massage.
- ▼ 1 year of experience in Tui Na.

### Yoga Teacher

- ▼ I use my practice to better understand anatomy, organ functions, breathing, diet, and awareness.
- ▼ 4 years' experience practicing yoga and meditation.

## Related Work Experience

The National Institute of Chinese Medicine

Office Assistant, Spring 2000 – Winter 2000

- ▼ Edited professional letters to Andrew Weil as well as grant applications for "Qi Gong for Children" program.
- ▼ "Right-hand woman" and office support for president of company.

EcoWorld, San Francisco, CA

Vendor Manager, Summer 1999 – Spring 2000

- ▼ Contributed to design and content of website that offers ecologically friendly advice, products, and services.
- ▼ Researched and established over 50 eco-vendor partnerships.
- ▼ Managed sales and product development.

GROW! (Computer Center), Menlo Park, CA

Director, Winter 1998 – Summer 1999

- ▼ Managed 5 Instructors and 350 members in mission-driven, member-oriented educational computer center.
- ▼ Taught Reading, English, and Math to children (ages 6-16).
- ▼ Organized and directed innovative local and regional marketing events.

## Education

**The National Institute of Chinese Medicine**, San Francisco, CA

Tui Na, working towards a Masters of Oriental Medicine

**Acupressure College**, Berkeley, CA

Thai Massage

**University of Virginia**, Charlottesville, VA

Bachelor of Arts

## Personal Portrait

Yoga, dance, art, hiking, camping, backpacking, ecology; fluent in French